



# How to Use The *FemCap*<sup>TM</sup>



## Possible Problems and What to Do

### Consult your doctor or nurse if any of the following occur:

- Difficulty inserting or removing the *FemCap*.
- Uncertainty about proper placement.
- The *FemCap* becomes easily dislodged during inter-course or when you walk, cough, strain or have a bowel movement.
- If, at times other than the onset of menstruation or ovulation, blood is noticed in the *FemCap*.
- If pain or discomfort is experienced by you or your partner during the use of the *FemCap*.
- If you notice unusual vaginal discharge or odor.

### Routine Follow-up Examinations

- For an examination and refitting of the *FemCap* after childbirth, miscarriage, or abortion.

### Possible Adverse Effects

- Although the *FemCap* has not been implicated, an association has been reported between diaphragm use and Toxic Shot Syndrome (T.S.S.), a rare but serious condition which can be fatal.
- As with any form of birth control, unwanted pregnancy may result. For a yearly effectiveness rate comparison, please ask your doctor or nurse.

Clinical trials in U.S. women showed that pregnancy rate of the first-time users of the second-generation *FemCap* ranged from 7.6 to 11.2 per 100 women for one year of use.

The *FemCap* is user-dependent and a higher rate of success may be achieved if you:

- Use the *FemCap* correctly **EVERY TIME** you have sex.
- Apply spermicide with each act of intercourse.
- If you gain experience with the use of the *FemCap*.
- Use emergency contraception as a backup.

III. The risk of developing urinary tract infection (U.T.I) while using the *FemCap* was found to be far less than the risk to women who used the diaphragm during the clinical trials. Symptoms of U.T.I. may include frequent and/or burning urination, blood in the urine, and pain in the lower abdomen.

IV. Potential adverse effects of the *FemCap* may include vaginal infection, abrasion of the vagina or cervix, or an allergic reaction to the *FemCap* material or spermicide.

### Patent Protection

The *FemCap* is protected by a number of United States and international patents, with more patents still pending.

United States patents: 4,858,624; 4,989,618 and 5,207,232

Euro: pat: 0401281DE/FR/GB

Greece patent: 1001518

Spain patent: 8900669

Canada patent: 1320884

Japan patent: 1,923,552

Australia patent: 615,727

For updated information visit: [www.femcap.com](http://www.femcap.com)

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